FOCUS on the FALLS

SPRING 2013 Issue





Historic Crestview Manor (Camp Crestview Conference Center) is located atop the cliffs overlooking the Columbia River Gorge. Architect A.E. Doyle, who also designed structures such as the Multnomah County Library, the first Menucha mansion, and the Multnomah Falls Lodge, designed this beautiful structure in the English Cottage style. The Manor was constructed over a two-year period using imported stone from Italy and the finest cherry wood for its interior. This original 11,000 square foot summer retreat has an open truss ceiling, 3 large fireplaces, banks of French doors, tennis court, swimming pool and a reflecting pond.

Today Camp Crestview is owned and operated by the International Church of the Foursquare Gospel. Crestview serves several thousand guests annually by hosting camps, retreats, conferences, banquets, weddings and special events.

FOMF Interpretive Volunteer Training Workshop Saturday March 23rd

At Crestview Manor/ Camp Crestview Conference Center in 1601 NE Crestview Lane Corbett, Oregon

9:30 am - Arrival & Registration 10:00 am - Workshop Begins 11:00 am - USFS Presentations Noon - Luncheon in Dining Room 12:45 pm - FOMF Presentations 2:00 pm - Workshop Ends

CAMAS LILY IN LACAMAS PARK IN SPRING By Sharon Quade

The blossoming wild flowers are one of the main attractions each spring in the Columbia Gorge. My favorite wildflower is the Camas Lily or Camassia. Each year I look forward to walks in April and early May through the lily fields in Lacamas Park in Camas, WA, when the lilies and other wild flowers show their optimum color and beauty.

Lacamas Park (311 acres) is in the middle of the city, named after the blue lily, and by the way, it's charm has often been referred to as a "miniature Portland Forest Park". The west entrance to Lacamas Park is my preferred access to the Lily Fields Loop Trail. It is fairly low elevation and about 2.3 miles round trip. It is about an half hour drive from Portland. Take either I-5 or 205 to East WA Hwy 14 towards Camas, then take exit 10/NW 192nd St. staying in the right lane and turn left onto NW 192nd St. At the first stop light turn right onto Brady Rd and continue driving about 3.2 miles to Lake Rd. Turn right onto Lake Rd. and continue to the stop light at the intersection of Lake Rd. and NE Everett St. Turn left. The parking lot is immediately on the right off NE Everett. (Continued on page 2)



Photo of Camas Lily - by Teresa Kasner 2012

FOCUS ON THE FALLS

Friends of Multnomah Falls Spring Issue 2013

http://friendsofmultnomahfalls.org

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Our Mission Statement:

"The Friends of Multnomah Falls are dedicated to preserving and enhancing the unique natural, scenic and historic qualities of Multnomah Falls while providing a memorable experience for our visitors." (Continued from Page 1)

From the parking lot, follow the path through a well groomed (by local volunteers) grassy picnic and playground area, restrooms, and informational kiosks. Walk south on the trail along Round Lake on the left and Mill Pond on the right. After about 500 yards, you will cross a narrow walkway across Round Lake Dam that separates the two lakes and filters fish and debris out of Mill Pond, the source of water which is sent down to the town's paper mill. Continue up a slight hill and pass by Potholes Falls and Round Lake Loop trails. Near some switchbacks you see the first Lily Field sign, which is considered the return trail. Keep walking straight, passing the Woodburn Falls trail, and soon you can look up to your left and get your first view of the Lily fields. However, keep walking and you will see a sign for the entrance to the Lily Fields Loop Trail, a 0.7 mile wooded walk to an overlook of a stunning blue canvas of Camas lilies and other native flowers surrounded by basalt rock outcroppings. The return trail takes you back to where you started on the Round Lake trail.

Camas is the common name for this perennial blue lily. The scientific name is Camassia quamash. "Quamash" came from the Nez Perce tribe. It has blue, star-shaped petals, yellow anthers, slender green stems and an onion-looking bulb. This edible bulb was dug out with carved wood sticks and antlers, then roasted slowly or boiled. Some bulbs were ground and stored as sweeteners. Its taste has been described as similar to a baked sweet potato or a pear. Camas grew plentifully before farming was considered a valuable trade item and staple, especially in the winter months, by several tribes and even shared with members of the Lewis and Clark team.

Be sure to add this easy Camas walk to your spring bucket list and venture on more Lacamas Park trails if you have time. There are no parking fees. Remember to bring your camera.

PRESIDENT'S MESSAGE by Teresa Kasner

Spring is coming! I've been busily working for you and our beloved Friends of Multnomah Falls over the winter. I saw most of you at the Annual Meeting at Multnomah Falls where we recognized your time and efforts as volunteers. Now I'm busily finishing up this newsletter, arranging for a fun and exciting new location for our Interpretive Volunteer Training Workshop at Crestview Manor in Corbett on March 23rd, finding speakers and arranging for the bus and itinerary for the Bus Tour on May 4th. Dollie Rasmussen is organizing us to learn more about the Fruit Loop! Lunch at the Apple Valley BBQ.

SAVE THE DATES -- TRAINING WORKSHOP -- MARCH 23RD // BUS TOUR -- MAY 4TH!!

I also serve as your webmaster and have recently updated all the event dates and copyright dates on the bottom of each page to 2013. If you ever want to suggest anything for the website, let me know.



We will be presenting you with your new vests at the Training Workshop at Crestview Manor!

We won't know the dates for the Sternwheeler Cruise and the Mt. Hood Railroad excursion until the dates are given to Sally King with the Friends of Vista House. I'll let you know when I find out. It's usually May when the dates are given.

Are you ready for a great and active Summer in the Visitor Center at the Falls? I am!! Bring it on!:-)

See you at the Training Workshop!!

Kind regards and thank you for all you do!

TUNDRA SWANS VISIT MIRROR LAKE by Ron Goodwin



The Tundra Swan (Cygnus columbianus) formally known as the Whistling Swan is seen below Crown Point at Exit 25 on I-84 in the winter feeding on submerged vegetation. They can reach down 3 feet below the surface with their back ends tipping straight up getting food not available to ducks or geese. As there are fewer habitats in their ranges, they have adapted to eating grains and cultivated tubers in agricultural fields. This may be one reason why the sightings have declined in some areas. Keep your eyes open for a group of the large white birds on the water as you drive east.

This swan has a long neck, black feet and bill with a small yellow patch in front of their eye. Both the male and female look alike with a wingspan of about 9 ½ feet and they are smaller than the Trumpeter Swan. The only other white bird seen on Mirror Pond is the Great Egret which looks like a pure white heron standing straight up or even standing in a tree.

The Tundra Swan only nests in the wet Arctic Tundra and usually near the coast. They are long lived and form long term pair bonds and migrate in large family groups. They are ground nesters by making a large mound with a depression in the center.

The numbers in the Pacific Flyway number over 80,000 with most wintering in California and about 5,000 in Washington and 10,000 in Oregon. Hunting still takes place in California and if the number goes below 40,000, they will suspend hunting. On the East Coast North Carolina has the most of any eastern state with about 75,000 because of the good remaining habitat and a hunting harvest of 2,500 a year. Eleven states still have a Tundra hunting season since the Tundra Swan is not federally protected.

NEW BOARD MEMBER -WELCOME TO KATHY COLLINS

The Gorge has special meaning to my husband Carl and I. I came to Portland as a college student in the '60's and fell in love with the area. I met Carl at college and we hiked in the Gorge when we were dating.

Over the years we continued to enjoy the trails with our three sons as well as trails in the Mt. Hood area.
Carl often took students in a



Photo by Carl Collins

summer school program through the Gorge highlighting the geography and plant life of the area. I "tagged" along as often as I could, both as a chaperone and a fellow learner. When he took college students on Saturday field studies trips, I went along enjoying both the students and the beauty of the Gorge.

After he retired, Carl began volunteering for FOMF in 2004 and we talked about how much fun it would be when we both could volunteer together. I also enjoy volunteering at a local school, helping 1st graders to read, and tutor immigrants in English.

We lived in the Cherryville area, east of Sandy, when our 3 sons were young but moved into Gresham during the 1990's. I helped coordinate a special tutoring/reading program matching community volunteers with needy children for the Reynold's school district for many years and retired from the district in 2006. That summer we sold our home and moved to Taiwan where I taught English in an American school for Asian missionaries, businessmen and western ex-patriot's children. While in Asia we traveled through China, Indonesia, Malaysia, the Philippines and Hong Kong on our breaks. We returned to the USA in 2009 and began volunteering for FOMF that fall. The entire Gorge area is "food for my soul" and I love sharing its beauty with the many visitors who come through the center. I also love to tell people where to go when they ask, "What can I do in this area?".

Friends of Multnomah Falls Membership Form

		Yes, I would like to become	a Member	☐ Renewing Member		
FOMF is a 100% volunteer, private, non-profit, tax-exempt organization. Check a tax-deductible membership:						
□ \$15	Individual	□ \$100	Supporting		□ \$500	Benefactor
□ \$20	Family	□ \$250	Sustaining		□ \$1000	Lifetime
□ \$50	Contributing					
Make checks payable to: Friends of Multnomah Falls, and fill out the information below.						
Name:				Phone:		
Address:	Email Address:					
City:			State:	Zip:		

MEMORIES OF THE EARLY DAYS OF MULTNOMAH FALLS LODGE By Mildred Rosenblad Haffey

Introduction: Ms. Haffey routinely attends the FOMF Annual Meeting and shares her experiences at the Falls. Here's an excerpt:

In September of 1947 I was looking for a job. I was living on my folk's farm in the Canby area helping them since graduating from Canby High School. A friend of my parents said they might need help at Multnomah Falls Lodge. When I contacted them, they said not right now but we will let you know if we do. I received a letter about 5 days later at home saying to get there as soon as possible. I took the bus from Woodburn and arrived about 7 pm. They showed me my room and gave me a schedule of working from 5 pm to 1:30 am in the Fountain area where the gift shop is. That area was open 24 hours a day. Since the freeway wasn't completed yet, all buses coming from Portland and Salt Lake City stopped for coffee and snacks. The buses were there for 15-20 minutes. At 7 in the morning a restaurant on the lower level opened until 7 pm. The upstairs dining room was open in the summer.

Several people besides me lived at the Lodge. The head cook, assistant cook, vegetable man and in the summer, 2 or 3 teachers from Wisconsin. The manager, Tom Johnson and his wife had an apartment along with Jack Flauber and his wife who had the gift shop here and at Vista House. In Sept of 1948 I married Dan Hall whom I met here at Multnomah Falls. He worked at Bridal Veil. Several employees who got off work at 2 am at Bridal Veil came up and had coffee on their way to Cascade Locks or boarded in Bridal Veil. Having lived here in the building it seems like home to a degree. I worked here 6 days a week for \$125 and really enjoyed it. Everybody here was so nice to me.

VOLUNTEER CONTACT INFO - by Aileen Ashley

Anyone showing interest in becoming a volunteer should contact Aileen Ashley, at aileen.ashley@comcast.net or phone 503-697-6598. Our Volunteers enjoy a flexible schedule and lots of fun training opportunities! We have the Interpretive Volunteer Training Workshop in March, a Bus Tour in the Columbia River Gorge in the Spring, a complimentary Sternwheeler Cruise and Mt. Hood Railroad trip in June, the Volunteer Picnic in July and the Annual Meeting in November! If you've ever thought of giving it a try, we'd love to have you on the FOMF team! :-)

FOCUS on the FALLS

Teresa Kasner, Editor PO Box 426 Troutdale OR 97060



Don't forget to e-mail Teresa Kasner at Teresa@FriendsofMultnomahFalls.org if you want to receive future newsletters via PDF on the website to save printing and postage for FOMF.

Precipitation at Multnomah Falls in 2012 was 115 inches which is 20 inches more since we have recorded in the last 5 years.